

PRACTICE SCHEDULE -- SUMMER, 2010

APRIL 19 - APRIL 30 (Returning Swimmers ONLY)					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NATIONAL	6:00 - 8:00	6:00 - 8:00	6:00 - 8:00	6:00 - 8:00	6:00 - 8:00
SENIOR	6:00 - 8:00	6:00 - 8:00	6:00 - 8:00	6:00 - 8:00	6:00 - 8:00
AGE GROUP I					
AGE GROUP II					
PRE-AGE GROUP					

MAY 3 - MAY 7, 2010 (All Swimmers)					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NATIONAL	6:00 - 8:00	6:00 - 8:00	6:00 - 8:00	6:00 - 8:00	5:00 - 7:00
SENIOR	6:00 - 8:00	6:00 - 8:00	6:00 - 8:00	6:00 - 8:00	5:00 - 7:00
AGE GROUP I	6:00 - 7:30	6:00 - 7:30	6:00 - 7:30	6:00 - 7:30	
AGE GROUP II			5:00 - 6:00	5:00 - 6:00	
PRE-AGE GROUP			5:00 - 6:00	5:00 - 6:00	

* Try-outs will be held from 5:00 to 6:00 on Monday and Tuesday.

BEGINNING MAY 10, 2010 (All Swimmers)					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NATIONAL	6:00 - 8:00	6:00 - 8:00	6:00 - 7:10	6:00 - 8:00	5:00 - 7:00
SENIOR	6:00 - 8:00	6:00 - 8:00	6:00 - 7:10	6:00 - 8:00	5:00 - 7:00
AGE GROUP I	6:00 - 7:30	6:00 - 7:30	6:00 - 7:30	6:00 - 7:30	
AGE GROUP II	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	
PRE-AGE GROUP	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	5:00 - 6:00	